

# HOLISTIC MEDICAL SERVICES, INC.

ENVIRONMENTAL MEDICINE  
PREVENTIVE MEDICINE  
OZONE THERAPY  
PAIN MANAGEMENT



CHRONIC DISEASE MEDICINE  
FUNCTIONAL MEDICINE  
APPLIED ALLERGY  
HORMONE BALANCE

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## Toxic Halogen Detox Symptoms (F, Cl, Br)

The following symptoms may occur in patients who begin taking Iodine. They are symptoms caused by the detoxification of bromide and other toxins. Increasing supplements such as zinc, selenium, salt, B vitamins, and more may help decrease the severity of these symptoms.

Abnormal Pigmentation	Increased Salivation
Anxiety	Irritability
Body Odor	Itching
Brain Fog	Kidney Pain
Breast Tenderness	Leg and Hip Ache (arthritis-like)
Bromoderma (acne) on Face and Hands	Lethargy / Feeling Sluggish
Cherry Angiomas	Metallic Taste
Constipation	Mouth and Tongue sores and cuts or “sore mouth”
Depression	Rash
Diarrhea	Reflex Changes
Disturbance of color perception	Runny Nose
Dream Changes	Schizophrenic-like actions
Dry Mouth	Sensitivity to light
Emotional Instability	Sinus Discomfort
Extensor Plantar Responses	Slurred Speech
Fatigue	Sedation
Foot Twitching	Skin Cuts
Hair Loss	Tingling in hands and feet
Hallucinations	Tremor
Headache	Vision Changes
Hormone Changes	
Impaired Memory/Concentration	

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