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www.MoldTestResults.com

BE SURE TO REGISTER AT www.MoldTestResults.com BEFORE MAILING YOUR PLATES. INCLUDE THIS FORM AND PAYMENT WITH THE MOLD PLATES. MAIL THE COMPLETED FORM, PAYMENT AND PLATES TO: ImmunoLytics • 5930 Midway Park Blvd NE • Albuquerque, NM 87109

*An example of a properly completed form can be found at www.MoldTestResults.com.

Name: _____
Address: _____
City: _____ State: _____ Zip: _____
Phone (include area code): _____
Email: _____

PLEASE EMAIL A COPY OF THIS REPORT TO (print name):

My Doctor: Dr. Frank Matalone My Pharmacist:
Environmental Specialist: Other (email address required):

Table with 6 columns: ID #, Sample Description/Location, Date Sampled, Time Sampled, Analysis Requested, Comments. Includes a section for Relinquished by, Date, Time, Received by, Signature, and Printed.

Gravity plate testing is a simple, inexpensive, basic screening method that allows you to test for mold yourself. Your medical professional may request this test to help determine if your environment may be affecting your health.

PAYMENT INFORMATION: Mold Test Kit (4 plates to test 4 areas) \$ 175.00
Additional Plates @ \$30.00 ea = \$
Total Amount Due \$

Enclosed is my check made payable to ImmunoLytics
Credit card: Visa MasterCard Discover American Express
Card#: - - - - Exp. Date: CVV:

Results will be posted to your account at www.MoldTestResults.com. You will receive notification by email when your report is ready. Hard copy by fax or mail is \$5.00 extra. Allow 14 days to process and post reports. Results can be accessed by your doctor, pharmacist and/or environmental company unless checked below.

I would like to take advantage of the free consultation (maximum 20 minutes) with your Consultant Pharmacist. I can be reached between 8:00 am and 5:00 pm at () - . We suggest you make a list of any health and environmental questions prior to the scheduled call to ensure that all of your concerns are dealt with in an efficient manner. Further consultations are billed at \$3.00 per minute.

PLEASE DO NOT ALLOW ACCESS TO MY RESULTS TO ANYONE BUT ME.

Instructions

For Collecting 1-Hour Gravity Plates

To test environments that are suspected of being mold contaminated and of causing adverse health effects for occupants please consult the following information and the steps for collecting 1-hour gravity plates.

Preparation: Mold plates should be refrigerated upon receipt and used as soon as possible. Do not open mold plates until you are ready to use them. Keep windows closed for six hours prior to testing.

Do what you normally do. For example, do not turn on the air conditioning unless that is part of your normal activity. However, DO place the central fan on the heating and air conditioning system in the on position. Do not sweep or vacuum just before the test since this activity can increase the number of mold spores that are in the air. Children and pets can continue to be in the areas being tested, but do NOT allow them to touch the materials. **ACT NORMALLY.** Select an area to place the mold plate that is **at least 3 feet from a wall.** Use a humidity gauge to test the humidity in each area.

Suggested Areas for Sampling: Locate the area or areas that you wish to test. If specific areas cause sneezing and coughing, they should be included. At minimum, please be sure that at least one mold plate is placed in each of the following areas.

- Attic ■ Basement ■ Master Bedroom ■ Den/Great Room ■ Car
- Kitchen ■ Child's Bedroom (if child is ill) ■ Office (home & work) ■ Other active rooms - *In large homes, place 2 plates in the basement & attic*

It is not necessary to place mold plates in rooms that are not used. It is necessary to place plates in rooms that are suspected of being mold contaminated because of a musty odor, if symptoms occur in that room, or if there is history of water damage in that room. Do not place any mold plate in direct sunlight.

WINTER WARNING: UPS, FedEx and USPS can freeze mold specimens in transit during the winter months. If you are from an area experiencing below 30° temperature, keep ALL plates wrapped in tinfoil in a warm spot for 1 day before sending them into the lab. If the plates become frozen immediately after the test is performed, the plates will show artificially low counts. After the colonies have been allowed to grow for 1 day the freezing process will not affect the test. This applies to plates coming from very cold regions of the country only.



Step 1: Carefully remove plates. Do not touch inside surface of test plates.



STEP 2: Carefully remove lid (larger side).



STEP 3: Place lid (inside surface down) next to bottom half of collection plate (inside surface up).



STEP 4: After one hour place lid back on plate. Write name, date and location on the outside top and bottom of each plate.



STEP 5: Tape each plate with two pieces of tape, one on each side of the plate securing the lid. Stack plates and wrap together in tin foil.



STEP 6: Complete accompanying analytical request form. **Make sure that the sample description on the plates matches the description on the form.** Put plates, form and payment into box and mail.

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